



VANCOUVER AREA
**CYCLING
COALITION**

Metro Vancouver's Cycling Advocates



Bicycle Bulletin - March 2012

In This Issue

[VACC AGM April 21](#)

[VACC Pre Velo-city Advocacy Workshop](#)

[We ♥ Volunteers](#)

[Bike Education Courses](#)

[New VACC Member Discounts](#)

VACC AGM April 21 & Call for Directors of the Board

Saturday April 21, 1-4pm

Vancouver Public Library Central Branch

Peter Kaye Room

The VACC is putting out a call for new Board member candidates! Elections will be held at the AGM this April. We're especially looking for diversity (by gender, age range, region, etc.), strong skills and experience in fundraising as well as human resources.

[Information & Candidate Application Form](#)

Make Truck Sideguards Mandatory Now

Truck sideguards prevent cyclists and pedestrians from fatal injuries resulting from being pulled under large trucks, usually when turning. Sadly, this has happened too many times already. Europe has had sideguards mandatory for years now. Canada needs to catch up! Olivia Chow has pushed this in the federal government, and received the **support of the VACC.**

Not only will this increase cyclist and pedestrian safety, it also increases fuel efficiency by over 5% at a conservative estimate.

What can you do? **Sign the petition**

VACC hosting pre Velo-city advocacy workshop



VELO-CITY 2012 is the Year of the Bike here in Metro Vancouver. A big part of that is the thousands of people that will be coming to Vancouver for the international conference of all things bicycle - **VELO-CITY** CANADA JUNE 26-29

The conference is the perfect opportunity to gather global bicycle advocates to share successes, challenges and build relationships that will support improved cycling in all our cities.

Quick Links

- > [Become a Member](#)
- > [Advocacy](#)
- > [VACC Website](#)
- > [About Us](#)
- > [Resources](#)



[Join Our Mailing List!](#)

Support Cycling in Metro Vancouver

Joining the VACC is the most simple, effective and affordable way to support cycling in Metro Vancouver.

Help us get there with just three easy steps:

1. Renew or purchase your VACC membership

2. Buy a corporate membership

for your business, including great benefits for your company.

3. Get your friends and co-workers on board with Streetwise and Workplace Workshops

VACC members get **discounts at bike shops**.

On the afternoon of Monday June 25th the VACC is hosting the workshops in partnership with Britannia Community Centre. We're busy securing keynote speakers and sponsored snacks, as well as accommodations discounts for foreign participants Accent Inns!

We'll also be hosting an evening social, for locals unable to attend the afternoon workshops but are interested in getting to know our colleagues from elsewhere.

More details coming your way soon, but save the date!

We ♥ Volunteers - Help us Welcome Some More

Volunteers are the heart of the VACC. Did you know the organization was 100% volunteer for many years after its 1998 society incorporation? Today volunteers continue to contribute hundreds, if not thousands of hours to creating better cycling conditions and healthier, happier, and more sustainable communities.

We'd like to welcome three new core volunteers:

Vania Tse is joining us as our Volunteer Coordinator | volunteer@vacc.bc.ca
If you'd like to volunteer in any capacity for the VACC or have a community event where you'd like to see the VACC, contact Vania.

Ben Wells is joining us as our Social Coordinator | social@vacc.bc.ca
He's going to be organizing some fun opportunities for us to get together as a VACC community.

Sandra Allen is joining us as our Special Events Coordinator | events@vacc.bc.ca
She'll be helping us plan our special events, like our April Launch Party, and the Velo-city Advocacy Workshop.

Another new volunteer that is going to be helping us with print ads showcasing our new name, logo and look in April, is Carlo Ricci, who not only sees the value in volunteering, but can capture it in film beautifully. Here is a sample of his moving picture work: [Volunteer's Journey of 1000 Miles](#) (on bicycle!) We're very excited to work with Carlo and Terry Dee in our brand launch!

And there are so many more volunteers we could mention! Welcome to those of you that are new, and thank you so much to those of you that have contributed your energy already.

If you're interested in finding out more about how you can be a part of our volunteer community, email volunteer@vacc.bc.ca

Education

Advanced Mechanics courses

Hubs & Rotational Systems

Sunday, March 11, 9:00am - 12:00pm

We will explore what makes your wheels turn and pedals spin as this course looks into bearing systems and how to overhaul them. [Register here](#)

Gears & Drive Train

Thursday, March 29, 6:30-9:30pm

We'll cover derailleurs, shifting, chains and gears. [Register here](#)

deals on car-sharing, VACC rides and events, and much more!

THANK YOU !

Donate to the VACC

The VACC appreciates donations of any size, and can offer a tax receipt for donations of \$100 or more (cheques can be made out to the PEDAL Foundation marked for VACC projects).

DONATE NOW



Register for the Ride2Survive

The [Ride2Survive](#) is a local 100% volunteer run ride from Kelowna to Delta. It raises money to benefit cancer research.

The 8th Ride2Survive
June 23rd 2012

400km, 12,000 feet of climbing, One day....
Cycling to Beat Cancer

[Register here](#)



Vancouver Bike Show

2 for 1 Coupon!

The VACC will be at the Bike Show March 3 & 4

Demystify Your Bike - Basic Bike Maintenance

Saturday March 3, 12-2pm

Learn how to clean and oil your bike, check your brakes and gears, change a flat, and a few other tricks to make your riding experience more enjoyable. [Register here](#)

Calendar

Note that all VACC Local Committee Meetings are open to the public and they'd love to see new faces!* No meeting for Surrey/WhiteRock/NorthDelta Committee in the month of March! Next meeting April 17. Iron Workers Memorial Bridge Committee meeting for March not yet set as of bulletin date

Thursday Mar 1

North Shore Advocacy Committee Meeting
6:00-8:00pm
Welsh Hall of the West Vancouver Library

Saturday Mar 3

Demystify Your Bike: Basic Bike Maintenance
12:00-2:00pm
VACC Headquarters 3 West Third Ave, Vancouver
[Registration](#)

Saturday & Sunday Mar 3 & 4th

[Vancouver Bike Show](#) at the Vancouver Trade and Convention Centre
Use our [2 for 1 admission coupon](#).

Tuesday Mar 6

Tri-Cities Advocacy Committee Meeting
7:00-9:00pm
Coquitlam Public Library - Town Centre Branch - 3000 Guildford Way

Long Road North Bike Film - Norm Theatre, UBC

7:00pm-9:00 pm, doors open at 6:30.
Tickets \$5 at the door, proceeds donated to the VACC.
Filmmakers Tania Lo and Gwendal Castellán in attendance with Q&A followin the film. [More info on their facebook page.](#)

Thursday Mar 8

Maple Ridge & Pitt Meadows Advocacy Committee Meeting
6:45-8:45pm
Maple Ridge Library Greenside Room, 130-22470 Dewdney Trunk Road

Sunday March 11

Advanced Bike Maintenance - Hubs and Rotational Systems
9:00am-12:00pm
Pedal Depot - 1830 Ontario St
[Registration](#)

Monday Mar 12

Burnaby Advocacy Committee Meeting
6:45-8:45pm
McGill Library Meeting Room, 4595 Albert Street, North Burnaby

You can be there too, and bring a friend with a [2 for 1 coupon for VACC supporters.](#)

New Member Discounts!

Fireside Lodge

Whistler

T 604-932-4545
Toll Free: 1-866-932-3994
E info@firesidelodge.org
2117 Nordic Drive
Whistler



Fireside is a non-profit lodge, offering accommodations to enjoy year round world class activities including; skiing, boarding, mountain biking, hiking and more.

Enjoy 10% off your stay at Fireside with your VACC member card

See all VACC members benefits



Long Road North: a bicycle movie

Thursday Mar 22

Advocacy Advisory Committee Meeting

5:00-8:00pm

VACC Headquarters 3 West Third Ave, Vancouver

Tuesday Mar 27

New Westminster Advocacy Committee Meeting

6:30-8:30pm

New Westminster Public Library, 716 Sixth Avenue, Plaskett Room

Wednesday Mar 28

Vancouver/UBC Advocacy Committee Meeting

7:00-9:00pm

VACC Headquarters 3 West Third Ave, Vancouver

Thursday Mar 29

Advanced Bike Maintenance - Gears and Drive Train

6:30-9:30pm

Pedal Depot - 1830 Ontario St

[Registration](#)

coming up in April...

Sunday Apr 1

Demystify Your Bike: Basic Bike Maintenance

12:00-2:00pm

VACC Headquarters 3 West Third Ave, Vancouver

[Registration](#)

Tuesday April 3

Tri-Cities Advocacy Committee Meeting

7:00-9:00pm

Coquitlam Public Library - Town Centre Branch - 3000 Guildford Way

View the complete
VACC Events Calendar
online

Registration details and prices for all upcoming Streetwise and
Bike Maintenance courses can be found [here](#).

Keep us in the loop with your events: admin@vacc.bc.ca
Contact admin@vacc.bc.ca with your feedback about this newsletter



Safe and happy riding,

Vancouver Area Cycling Coalition:

is a non-profit society whose goal is to make cycling an attractive choice for everyone.
Through advocacy, education and events, the VACC is Metro Vancouver's bicycle resource.

For more information, please visit www.vacc.bc.ca

screening

Tuesday 6 March 2012

6:30 pm-9:00 pm

Norm Theatre, SUB

Building, UBC

Seen from the handlebars of a bicycle, a young Canadian (and former VACC Board member!) travels halfway across the planet at a human pace.

Tickets can be bought at the door for \$5 - the proceeds to be donated to the VACC. The filmmakers will be in attendance and there will be a Q&A session following the film. Presented by the Varsity Outdoor Club.

Vancouver Tool Library has Bike Tools!

The Vancouver Tool Library, a cooperative tool library in East Van that carries a wide assortment of tools for home repair, gardening, and bike maintenance which are loaned to our members free of charge. They're completely volunteer run and just opened their doors last summer.

vancouvertoollibrary.com

You have received this email because you have been a VACC member or have participated in a past VACC program. To unsubscribe, [click here](#).