

# Parks + Recreation + Cycling



HUB Cycling | [bikehub.ca](http://bikehub.ca)



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# Agenda



1. Introductions
2. HUB Cycling
3. Cycling in Cities – Dr. Teschke
4. Transportation and Recreation Cycling
5. Park Board Strategic Plan
6. Benefits of Cycling in support of the Strategy
7. Challenges and Opportunities
8. Takeaways
9. Discussion



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# HUB Cycling

## LOCAL COMMITTEES



**HUB Bike to Work Week**

Fabulous Prizes  
Free Bike Repairs  
Celebration Stations  
Coffee & Giveaways

Register May 1st  
@ [btww.ca](https://btww.ca)

## Bike to School



More people cycling creates healthier, happier, more connected communities.

Research Program ...

**cyclingincities**



**Route preferences:** off-street bike paths & multi-use paths are residents'

top choices – men, women, people with children

**Route safety:**

multi-use paths, poor safety

bike-only paths better, but room for improvement

**Research:**

can help with evidence-based choices, including comparisons to other city bike routes



SFU

# Transportation and Recreation Cycling

- Two different types of cycling
- Both relate to Vancouver Parks
  - Transportation, e.g. along the Stanley Park Causeway, or access to parks and facilities throughout the city
  - Recreation, e.g. on the Stanley Park seawall
  - Combined use, e.g. much of the Seaside Greenway along the south side of False Creek
- Two connected themes: people accessing parks by bicycle, and people using bicycles within parks



# Park Board Strategic Plan (and Cycling) (June 27, 2012)

- Vision: To be leaders in parks and recreation by connecting people to green space, active living and community
- Some key phrases:
  - “We facilitate healthy lifestyles and enrich communities”
  - “Active Living is helping people to find ways to move more and be physically active on a regular basis”
  - “...meet current and future needs”
  - “...advocating for healthy and sustainable environments”
  - “Provide parks and recreation facilities that are inclusive and universally accessible”
  - “Recreation is widely defined to include Community and fitness centres, arts and culture, sports, golf courses, rinks and pools, playing fields and courts”



# Benefits of Cycling in Support of the Strategy



- Cycling connects people to green space in an active way
- Future needs – cost and space requirements of motor vehicles are not tenable. We need alternatives
- Greening - refers to “sustainable environments” and supporting....”breathable air...a liveable climate”
- Improved Inclusivity and Accessibility
- Expand the definition of recreation



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# Challenges and Opportunities

- Opportunity to help meet numerous Strategic Plan goals
- Challenges of building new bicycle paths
- Opportunity to include HUB Cycling as a stakeholder representing cycling
- Opportunity to use HUB Cycling as a resource
- Opportunity to use Cycling in Cities research as a resource
- Opportunity to expand programming utilizing HUB Cycling



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# Challenges and Opportunities

- Usage conflicts on congested paths
  - Separated paths (e.g. near David Lam Park) show the way forward, as compared with shared paths near Charleson Park
  - Clearly identify conflict area such as pedestrian crossings of cycle paths. For example, this could be done with raised tiles with white tiles forming zebra pattern.
  - Clear and consistent way finding signage, for tourists and residents
  - Establish alternate routes for faster cyclists
- Bike Parking facilities
  - Importance of rack quality and placement near building entrances. Consider adding secure bike parking.
  - 10 bikes in the space of one car parking space



# Today's Takeaways

- How promoting cycling helps meet Parks & Recreation goals
- How HUB Cycling and Cycling in Cities can be helpful resources to commissioners and staff and how to foster an ongoing relationship



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# Discussion



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# Appendices



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# Kid's Cycling Programs



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# Kid's Bicycle Traffic Training in Germany



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# Stanley Park Traffic School

1961



2008

Consider bringing this back, but with bicycles?



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Surface  
Treatment



# Bike Parking



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# Cycling Programming



# Current Community Centre & Park Plans



# Imagine a complete Seaside Greenway



## Interested Parties

- Trans Canada Trail
- Great Blue Heron Way
- Experience the Fraser
- HUB

## Benefits

- Recreation
- Transportation
- Tourism



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