Cycling

Rides highlight local businesses Bike enthusiasts can join

fellow cyclists exploring their community.

The Maple Ridge-Pitt Meadows chapter of the Vancouver Area Cycling Coalition will be offering riding tours in the area to help locals get acquainted with neighbourhoods they don't normally visit.

Organizers are hoping Discovery Bike Rides will help cyclists discover neighbourhoods and routes they haven't used before. During the rides, cyclists will also visit local businesses.

The first Discovery Bike Ride takes place this Saturday and leaves from Big Feast Bistro at 11920



A local cycling group will be organizing Discovery Bike Rides around Maple Troy Landreville/TIMES Ridge and Pitt Meadows.

227th St. in Maple Ridge at 10 a.m.

This ride's first stop will be at Rainforest Design on 240th Street close to the old Albion Ferry, a local company that designs and manufactures kayaks and

velomobiles.

From Rainforest Design it's only a short ride to Kanaka Creek Coffee, a neighbourhood coffee shop owned and operated by long-time Maple Ridge residents. They offer cof-

fee, tea and other drinks including fruit smoothies.

The ride winds back to Big Feast Bistro around noon.

Each Discovery Ride will include interesting and/or tasteful stops.

All participants have to sign a waiver, so riders should show up 15 minutes before the ride begins.

Children under 18 are welcome to take part, but they must be accompanied by an adult who's responsible for their safety.

Helmets are mandatory by law and riders must stay in single file.

Órganizers are also looking for suggestions on future rides. More information is available from Jackie Chow at jchow23708@yahoo.ca.